IN THE CLAIMS

1. (currently amended)

A device for providing warm towels and the like, comprising:

at least one towel;

a package for containing said at least one towel; and

a heat source in contact with but separate from said at least one towel, said heat source comprising a frangible container containing a quantity of supercooled liquid capable of releasing a predetermined amount of heat upon crystallization and a quantity of the crystal form of said liquid separated from said supercooled liquid and present in an amount sufficient to initiate crystallization of said quantity of supercooled liquid upon flexing said frangible container to cause said crystal to contact at least a portion of said supercooled liquid.

2. (previously presented)

The device of claim 1, wherein said supercooled liquid is selected from the group consisting of sodium carbonate and sodium acetate.

3. (currently amended)

The device of claim 2, wherein said crystallization causes said causes the temperature of the solidifying liquid to reach read a controlled temperature of up to 130 °F.

4. (previously presented)

The device of claim 1, which further includes a temperature sensitive portion on said package to indicate the temperature of the towels after breaking said frangible container.

5. (previously presented)

The device of claim 1, which contains a plurality of towels, said frangible container being placed proximate the middle of said plurality of towels to provide heat to said plurality of towels.

6. (currently amended)

The device of claim 5 1, wherein said towels are formed from materials selected from the group consisting of natural fibers, synthetic fibers, synthetic materials and combinations thereof.

7. (currently amended)

A device for providing warm towels and the like, comprising:

towel means for providing at least one towel;

package means for containing said at least one towel means; and

heat source means for producing heat to warm said towel means in contact with but separate from said at least one towel means, said heat source means comprising a frangible container means for containing a quantity of supercooled liquid capable of releasing a predetermined amount of heat upon crystallization and a quantity of the crystal form of said liquid separated from said supercooled liquid and present in an amount sufficient to initiate crystallization of said quantity of supercooled liquid upon flexing said frangible container means to cause said crystal to contact at least a portion of said supercooled liquid.

8. (previously presented)

The device of claim 7, wherein said supercooled liquid is selected from the group consisting of sodium carbonate and sodium acetate.

9. (currently amended)

The device of claim 8, wherein said crystallization causes said causes the temperature of the solidifying liquid to reach read a controlled temperature of up to 130 °F.

10. (currently amended)

The device of claim 7, which further includes temperature sensitive means on said package for indicating the temperature of the <u>at least one</u> towels after breaking said frangible container means.

11. (previously presented)

The device of claim 7, which contains a plurality of towels, said frangible container means being placed proximate the middle of said plurality of towels to provide heat to said plurality of towels.

12. (currently amended)

The device of claim 11 7, wherein said towels are formed from materials selected from the group consisting of natural fibers, synthetic fibers, synthetic materials and combinations thereof.

13. (currently amended)

A method for providing warm towels, comprising the steps of: placing at least one towel in a package for containing said towel;

placing a heat source proximate said at least one towel in contact with but separate from said at least one towel, said heat source comprising a frangible container containing a quantity of supercooled liquid capable of releasing a predetermined amount of heat upon crystallization and a quantity of the crystal form of said liquid separated from said

supercooled liquid and present in an amount sufficient to initiate crystallization of said quantity of supercooled liquid upon flexing said frangible container to cause said crystal to contact at least a portion of said supercooled liquid; and

causing said frangible container to release said quantity of the crystal form of said liquid to contact said quantity of supercooled liquid to cause an exothermic crystallization of said supercooled liquid.

14. (previously presented)

The method of claim 13, wherein said supercooled liquid is selected from the group consisting of sodium carbonate and sodium acetate.

15. (currently amended)

The method of claim 14, wherein said crystallization causes said-causes the temperature of the solidifying liquid to reach read a controlled temperature of up to 130 °F.

16. (previously presented)

The method of claim 13, which further includes the step of placing a temperature sensitive portion on said package to indicate the temperature of the towels after breaking said frangible container.

17. (previously presented)

The method of claim 13, which contains a plurality of towels, said frangible container being placed proximate the middle of said plurality of towels to provide heat to said plurality of towels.

18. (previously presented)

The method of claim 13, wherein said towels are formed from materials selected from the group consisting of natural fibers, synthetic fibers, synthetic materials and combinations thereof.